

'Ashru Qawaa'id fee Tazkiyat-in-Nafs'
Ten Principles Concerning Purification of the Soul
Shaykh Abdur-Razzaq ibn Shaykh Abdul-Muhsin al-'Abbaad al-Badr
(HafidhahumAllaah)

Questionnaire-Study Guide: Lecture No. 1

1. Title of the Book (in Arabic and English):

2. Mention the author's **name** [including the name of his father].

3. Mention the **year** & **place** of birth [including city, province and country].

4. Mention **three** (3) of the author's (Hafidhahullaah) most well-known **teachers**.

5. Mention **three** (3) of the author's (Hafidhahullaah) most well-known **books**.

6. Discuss **how** the **Qasam** (Oath/swearing) of Allaah in Soorah ash-Shams [91:1-10] shows the importance of the **Nafs**.

7. Discuss briefly what is meant by '**purifies it**' in the Aayah: 'Indeed, he has succeeded who **purifies it** (the soul).' [91:9]

8. Discuss briefly what is meant by '**corrupts it**' in the Aayah: 'Indeed, he has failed who **corrupts it** (the soul).' [91:10]

9. Memorize a Hadeeth in which the Prophet (ﷺ) clearly states that the **Nafs** has a **right** over the Muslim.

10. Highlight **five** (5) of the **Qawaa'id** (principles) concerning **purification of the soul** contained in this book.

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Questionnaire-Study Guide: Lecture No. 2

1. What is **al-Qaa'idah al-Uolaa** (the First Principle) related to **purification** of the **Soul**?
2. What is the **Ghaayah** (objective/goal) for which Allaah **created** us & brought us into **existence**; and the **evidence** for it?
3. **Memorize** the **Aayah** [16:36] which proves that the **Mihwar** (core) of the **Da'wah** of every Messenger was **Tawheed**.
4. Discuss the **Hadeeth** of **Mu'aadh ibn Jabal** (رضي الله عنه) and what it teaches us about the proper **Minhaaj** of **Da'wah**.
5. **Memorize** an **Aayah** [41:6, 7], the **threat** it contains and **who** it is that is threatened by Allaah in this **Aayah**?
6. Discuss Shaykhul-Islam **Ibn Taymiyyah's** (Rahimahullaah) explanation of the word '**Zakaah**' in the above **Aayah** & what it contains of **Naf-yu** (negation) and **Ithbaat** (affirmation).
7. Discuss the **consequence** of **Shirk** and its **effect** upon both the **soul** and **good deeds** of the human being.
8. **Memorize** & briefly discuss the **meaning** of **Aayah** [4:48] and how it shows the **severity** of the **consequence** of **Shirk**.
9. **Memorize** & briefly discuss the **meaning** of **Aayah** [5:72] and **three** (3) of the **consequences** of **Shirk** mentioned in it.
10. Mention **three** (3) of the tremendous **benefits** achieved by one who **actualizes Tawheed** (in their life).

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Questionnaire-Study Guide: Lecture No. 3

1. What is **al-Qaa'idah ath-Thaanayah** (the Second Principle) related to **purification** of the **Soul**?

2. Discuss the **meaning** of the statement of Shaykh al-Islam Ibn Taymiyyah (Rahimahullaah) concerning **Du'aa** being a **key**.

3. **Memorize** the **Aayah** [40:60] in which Allaah promises the one who calls upon Him that He will respond to him.

4. Discuss the statement of **Umar Ibn al-Khattaab** (رضي الله عنه) concerning **du'aa** and it being responded to by Allaah.

5. **Memorize** the **Hadeeth** of the Prophet (صلى الله عليه وسلم) in which he asks Allaah to **purify** his (صلى الله عليه وسلم) **soul** [Saheeh Muslim].

6. **Memorize** the **supplication** of the Prophet (صلى الله عليه وسلم) which is said to be the one he (صلى الله عليه وسلم) most frequently supplicated with.

7. **Complete** the **Aayah** [24:21] 'And had it not been for the Favor of Allaah and His Mercy upon you.....'

8. Discuss the **Tafseer** of **Ibn 'Abbaas** (رضي الله عنهما) for the above Aayah [24:21].

9. **Memorize** & briefly discuss the **meaning** of the words repeated by the Prophet (صلى الله عليه وسلم) during the digging of **Khandaq**.

10. What is it that the Prophet (صلى الله عليه وسلم) would always begin his **Khutbahs** with which makes us **know** that **guidance** is in the Hands of Allaah, Alone?

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Questionnaire-Study Guide: Lecture No. 5

1. What is **al-Qaa'idah ar-Raabi'ah** (the Fourth Principle) related to **purification** of the **Soul**?
2. Mention the previous three **Qawaa'id** (Principles) presented by the author (Hafidhahullaah).
3. **Memorize** the **Aayah** [33:21] in which Allaah describes the Prophet (ﷺ) as an '**excellent example**' to be followed.
4. Discuss **Ibn Katheer's** (Rahimahullaah) statement about this **Aayah** being an **Asl Kabeer** (a great foundation)...
5. How does **al-Hasan al-Basree** (Rahimahullaah) explain the **reason** for the **revelation** of **Aayah** [3:31].
6. Mention **three** things which **A'immatud-Dalaal** claim as **benefits** of following their **Turuq Munkarah** (evil paths).
7. Discuss **Ibnul-Qayyim's** (Rahimahullaah) **comparison** between purification of the **soul** and healing the **physical body**.
8. **Memorize** the **Hadeeth** related to performing actions which have **no basis** in the **Deen of Allaah**.
9. Discuss the statement of **Imaam Sufyaan Ibn 'Uyainah** (Rahimahullaah) concerning '**al-Meezaan al-Akbar**' which judges between truth & falsehood.

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Questionnaire-Study Guide: Lecture No. 6

1. Briefly outline the **first four** (4) **Qawaa'id** (Principles) related to **purification** of the **Soul**.

2. Mention **al-Qaa'idah al-Khaamisah** (the Fifth Principle) related to **purification** of the **Soul** - in **Arabic**, in 3 words.

3. Discuss this **Fifth Principle**, outlining its **two essential elements** and the **relationship** between these two elements.

4. **Memorize** the **Aayah** [9:103] which **alludes** to the Fifth Principle and show how it points to both **Takhliyah** & **Tahliyah**.

5. **Memorize** the **Hadeeth** which shows the effect of **sins** upon the **heart**, [as mentioned in Soorah al-Mutaffifeen, 83:14].

6. **Memorize** the **Aayah** [29:69] where Allaah mentions those who **strive hard** in His Cause & those who **do good** (Muhsineen).

7. Discuss the statement of Shaykhul-Islam Ibn Taymiyyah (Rahimahullaah) wherein he mentions the necessity of combining between **Takhliyah** & **Tahliyah**.

8. Discuss the **Tafseer** of **Imaam as-Sa'dee** (Rahimahullaah) for Aayah [4:49]: "Rather, Allaah **sanctifies** whom He wills."

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Questionnaire-Study Guide: Lecture No. 11

1. Briefly outline the ten (10) **Qawā'id** (Principles) related to **purification** of the **Soul** [as mentioned by the author].

2. Mention the author's **reason** why he says it is **incumbent** in the affair of purification of the soul **to know its reality**.

3. Mention the three (3) **Sifāt** (characteristics) with which **Allāh** describes the **Nafs** in His Noble Book (al-Qur'ān).

4. Discuss the author's (Hafidhahullāh) **description** of an-Nafs al-Mutma'innah (the content soul) [mention 4 points].

5. Discuss al-'**Allāmah Ibnul-Qayyim's** (Raḥimahullāh) detailed description of **an-Nafs al-Mutma'innah**.

6. **Memorize** one of the Aayāt [ar-Ra'd, 13:28; al-Fajr, 89:27-30] which contain mention of **an-Nafs al-Mutma'innah**.

7. Discuss the author's (Hafidhahullāh) **description** of **an-Nafs al-Lawwāmah** (the self-reproaching soul) [mention 3 points].

8. Mention the view of 'Abdullāh ibn 'Abbās (RaḍiyAllāhu an-humā) concerning **an-Nafs al-Lawwāmah & how we reconcile between the two views**.

9. Discuss the author's (Hafidhahullāh) **description** of **an-Nafs al-'Ammāratu Bis-soo'** (the soul which commands evil) [mention 3 points].

10. **Memorize** the Aayah [Yoosuf, 12:53] which contains mention of **an-Nafs al-'Ammāratu Bis-soo'**.

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Questionnaire-Study Guide: Lecture No. 13

1. What is the **main point** discussed by the author (Hafidhahullaah) in his **conclusion**?

2. Mention some of **as-Salaf as-Saalih** (Rahimahumullaah) from whom the author conveys **Wasaayaa** (advices).

3. Summarize two (2) of the **main points** from the **Waseeyah** (advice) of **Abu Bakr as-Siddeeq** (RadiyahAllaahu 'anhu).

4. **Memorize** the **Waseeyah** (advice) of **'Umar Ibn al-Khattaab** (RadiyahAllaahu 'anhu) concerning **preparation** for **al-Hisaab**.

5. Summarize two (2) of the **main points** from the **Waseeyah** (advice) of **Uthmaan ibn 'Affaan** (RadiyahAllaahu 'anhu).

6. Mention the two things most feared by **Alee ibn Abi Taalib** (RadiyahAllahu 'anhu), from the people, and **why** he feared them.

7. **Memorize** the statement of **Alee ibn Abi Taalib** (RadiyahAllaahu 'anhu) concerning the **Dunyaa** & the **Aakhirah**.

8. Discuss the statement of **Hasan al-Basree** (Rahimahullaah) concerning those whose **accounting** will be **lightened** Yawm al-Qiyaamah.

9. **Memorize** the statement of **Maymoon ibn Mahraan** (Rahimahullaah) concerning **how** one may become **Taqeey** (pious).

10. Complete the statement: 'The **nafs** is like a **Shareek Khawwaan** (treacherous business partner).....'